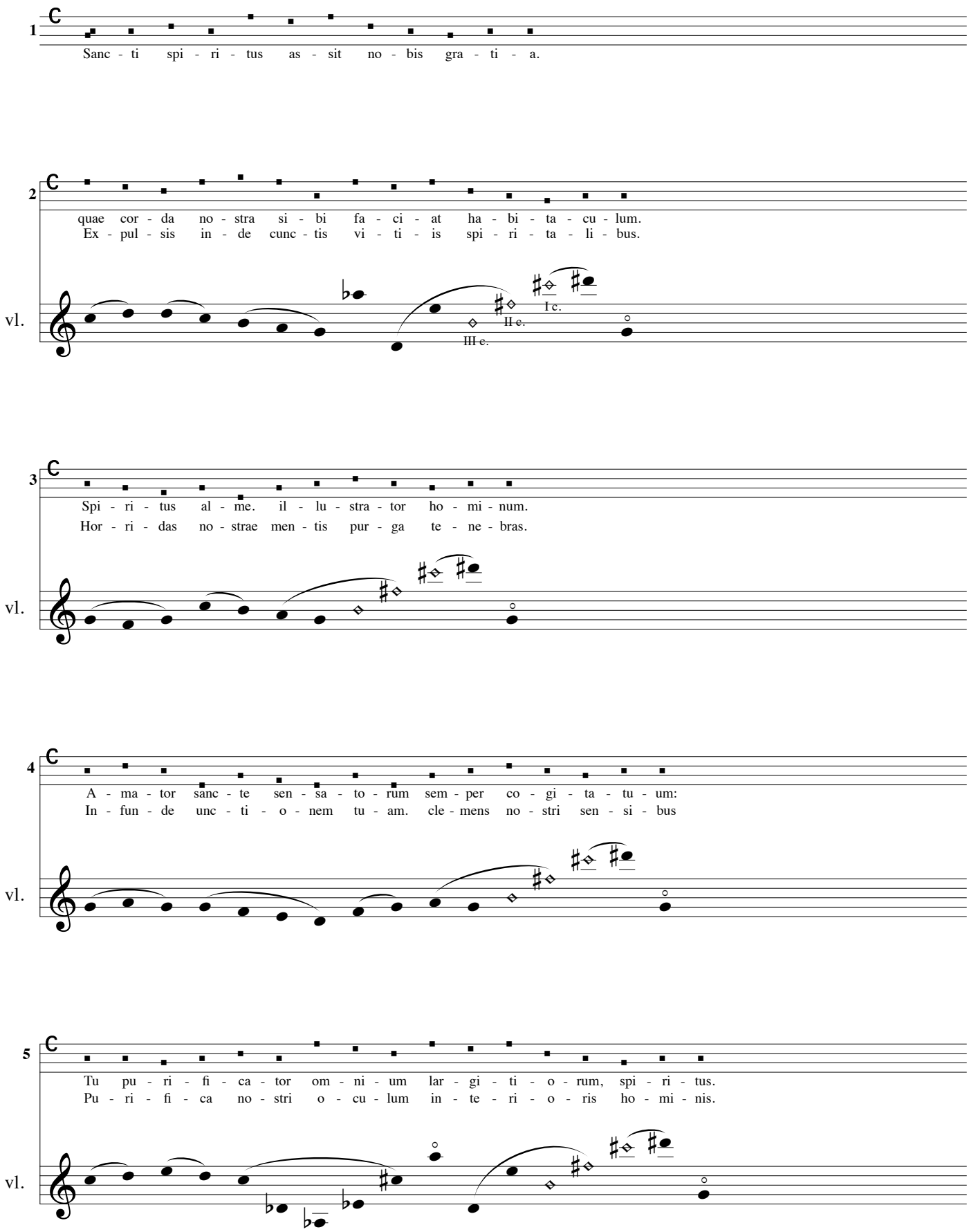séquence: *Sancti spiritus assit nobis gratia* (Notker)